



## NEED A PERSONAL CHEF?

With our **Simple Fix To-Go** program you can do more with your time while feeding your family healthy, balanced and delicious meals. We do all the work for you. We shop. We cook. We clean. You simply pick up a week's worth of recipes to take and bake or freeze.

Register by emailing [1013clubmgr@hy-vee.com](mailto:1013clubmgr@hy-vee.com)

- ❖ Seven recipes for \$125 (flat rate).
- ❖ Pick up times May 31<sup>st</sup>, after 4 pm
- ❖ Payment is taken over the phone and pre-paid before pick up, Call Meggan Brandmeyer with payment information.

What is on the menu for Friday, May 31st?

- ❖ Chicken Santa Fe
- ❖ Herb Crusted Turkey Tenderloin
- ❖ Sticky Roast Chicken
- ❖ Citrus Grilled Salmon
- ❖ Cheesesteak Sandwiches
- ❖ Teriyaki Burgers
- ❖ Zesty Marinated Pork Chops

ARE YOU *EXHAUSTED*  
& *OVERWHELMED*?  
WONDERING **WHAT'S**  
**FOR DINNER?**

Let Hy-Vee help:



Contact Meggan at the

West Ames Hy-Vee to  
learn more or view our  
Simple Fix menus online  
at our store calendar  
located at

[www.hy-vee.com](http://www.hy-vee.com)

Ames #1

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